

# Meals on Wheels order form

144 March St, Orange NSW 2800

Please contact Robyn or Sheryl with your order

**P** 63 93 8968 or 63 93 8970 | **F** 6393 8971

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Name

Telephone

Pick up    Delivery    Meals on Wheels

Run

Day

MEALS: Main \$6.50 / Mini \$4.70	Serves required	
	Main	Mini
Apricot Chicken (LS)		
Braised Steak with onion gravy (GF; LS)		
Cheesy Tuna Bake (LS)		
Chicken Casserole (GF; LS)		
Chinese Chicken (GF)		
Corned Silverside with white sauce (GF; LS)		
Cottage Pie (GF; LS)		
Crumbed Fish with potato bake		
Curried Chicken with rice (GF; LS)		
Curried Sausages		
Grilled Sausages with Gravy		
Honey Pork and Pineapple (GF; LS)		
Lasagne (meat) (LS)		
Meatloaf		N/A
Rissoles with gravy (GF; LS)		
Roast Beef with gravy (GF; LS)		
Roast Chicken with gravy (GF; LS)		
Roast Pork with gravy (GF; LS)		
Roast Turkey with gravy (GF; LS)		
Salmon Patties		
Savoury Mince (GF; LS)		
Steak and Kidney (LS)		
Steamed Barramundi with lemon sauce		
Sweet and Sour Pork (GF)		
Vegetable Pasta Bake (GF; V)		N/A
Vegetable Patties (GF; V)		

SOUPS: \$2.40 per serve	Serves required
Beef Barley and Vegetable Soup (LS)	
Chicken Stockpot Soup(LS)	
Pea and Ham Soup (GF; LS)	
Potato and Leek Soup (GF)	
Pumpkin Soup (GF; LS)	
DESSERTS: \$2.70 per serve	
Apple Pie with cream(LS; D)	
Apple Rhubarb Brown Betty (LS; D)	
Apricot Crumble and custard (LS: D )	
Bread and Butter Pudding (D)	
Chocolate Bavarian	
Chocolate Steamed Pudding with custard	
Creamy Rice (GF; LS)	
Fruit Salad with cream (GF; LS; D)	
Golden Syrup Pudding	
Lemon Meringue	
Pavlova	
Sticky Date Pudding	
Vanilla Panna Cotta & mixed berries (GF;LS)	
TOTALS	
Main:	
Mini:	
Dessert:	
Soup:	
Salad:	
<b>TOTAL:</b>	

Office Use only
Date
Entered Polixen

